



## MENTAL HEALTH AWARENESS MONTH

We recognize May as Mental Health Awareness Month! The COVID-19 pandemic has shone a spotlight on the importance of mental health. youth mental health titled [Protecting Youth Mental Health](#). The advisory ecological framework provides comprehensive and tangible recommendations to improve youth mental health.

### **Mental Health Statistics in New York**

More than 1 in 5 New Yorkers experience symptoms of a mental health disorder.

1 in 10 adults and children experience mental health challenges serious enough to affect their social and occupational functioning.

Approximately 180,000 children ages 2-

## FOSTER CARE AWARENESS MONTH

May is National Foster Care Month! We celebrate the strength, resiliency, and tenacity of more than 407,000 children and their families involved in the foster care system throughout the nation. We owe an outstanding debt of gratitude to the kinship foster families, non-kinship foster families, and dedicated professionals who work tirelessly to promote well-being while in foster care. But we also recognize you! Educators, school mental health professionals

